

# BLACK BELT

**THE POWER OF KI!**

**You Too Can Accomplish Incredible Feats**

**STAND UP AND FIGHT LIKE A NINJA!**

*Nowhere to Run, Nowhere to Hide*

**INVINCIBLE SWORD STYLE OF MUSASHI**

*Win at Any Cost!*

**ROUGH, TOUGH YOSHUKAI KARATE**

*Why Full-Contact Fighters Love It*

**DAZZLING KICKS OF SAVATE**

*Fancy French Foot Fighting*

**CORPORATE TAI CHI**

*Internal Arts Lead to a Happier, Healthier Workplace*

**BILL WALLACE**  
*on stretching!*

