



HWA RANG DO®



GM Taejoon Lee

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*Hwa Rang Do® Go Too Gi
(Grappling)*



Marco Mattiucci

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Hwa Rang Do® Go Too Gi (Grappling)
(MISSION STATEMENT OF THE WORLD HWA RANG DO® ASSOCIATION)
HWA RANG DO®:
A legacy of Loyalty, Relentlessly seeking Truth,
Empowering Lives, Serving Humanity

The Hwa Rang Do® Go Too Gi is one of the sport application of Hwa Rang Do®. It's for everybody, also for beginners (but limited to positioning for them). You can apply takedowns, sweepings, joint locks and chokings. The match is without stop for points and submissions are allowed to the ground or stand-up.

More details in the next articles. The photo sequences show some practical applications.

About the author: Hwa Rang Do® Head Instructor, Lieutenant Colonel of the Italian Military Police Force (Carabinieri) and Engineer Marco Mattiucci is the Chief of the Italian Branch of the World Hwa Rang Do® Association and one of the main followers of Grandmaster Taejoon Lee.



*Hwa Rang Do®
Knife Self Defense*

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