



**This month, the great Master Taejoon Lee and his representative in Europe, Marco Mattiucci share with you two technical series of Hwa Rang Do, showing the versatility of this style with deep roots in the Korean tradition, as well as very interesting fighting solutions.**

**GM Taejoon Lee**

**HWA RANG DO®**

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You Tube



**Marco Mattiucci**

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## Hwa Rang Do® Yong Too Gi (Continuous Sparring)

(MISSION STATEMENT OF THE WORLD HWA RANG DO® ASSOCIATION)

**HWA RANG DO®:**

*A legacy of Loyalty, Relentlessly seeking Truth, Empowering Lives, Serving Humanity*

The Hwa Rang Do® Yong Too Gi is one of the sport application of Hwa

Rang Do®. It's for experienced martial students only (at least 3 years of practice, black or colored sashes). No full contact allowed and special sparring gears required. You can use kicks, punches, palm strikes, knifehand strikes, takedowns and joint locks. The match is without stop for points and going to the ground is possible. No strikes to the ground but grappling techniques only, submission allowed.

More details in the next articles. The photo sequences show some practical applications.

**About the author:** *Hwa Rang Do® Head Instructor, Lieutenant Colonel of the Italian Military Police Force (Carabinieri) and Engineer Marco Mattiucci is the Chief of the Italian Branch of the World Hwa Rang Do® Association and one of the main followers of Grandmaster Taejoon Lee.*

# Marco Mattiucci

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Técnica



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# Marco Mattiucci

